



13 Top Fun Ways to Feel Rich While Your Bank Account Is On the Mend

1. Pretend you've just been given a check for \$15,000. List the things you will do with it. Pick one and imagine doing it right now in lots and lots of detail. How do you feel?
2. Think of your favorite piece of Godiva chocolate. Make time to stop and pick one up. Sit down in total quiet and eat it slowly as you savor the richness. How do you feel?
3. Wrap yourself and a loved one in a soft luxurious blanket. Hold each other in the stillness. How do you feel?
4. Bring someone into your mind that is wealthy beyond most everyone you know. Find a way to be so grateful for this person and what they have and the blessing that they are in the world. How do you feel?
5. Go to the park or to the mall where children are playing. Observe their play and their energy for ten minutes. How do you feel?
6. Invite a group of people over for a game that is a catalyst for lots of laughter. Make it a party by asking everyone to bring the silliest or most indulgent food they know of. How yummy do you feel?
7. Make a business plan for the coming year. Include the amount of money you would like to make as income. Call a prayer partner and ask for a blessing to remove all blockages so that this income can flow your way. How do you feel?
8. Take a walk in the country and pay close attention to all of the smells of freshness that find their way to your nostrils. Notice all that delights your eyes and fills your soul. How do you feel?
9. Have a *Swap Don't Shop Party*. Invite a group of friends and ask each to bring 3 just-like-new items from their closet to give away. Let everyone giggle their way through trying things on, modeling, accessorizing and making someone else's old look new again. How do you feel?
10. Listen to a book that is the story of someone who has invented or created something and made lots of money. List all your creative ideas and all the ways you know to be creative. Imagine that someone someday might be writing a book about you and what you have created and contributed. How do you feel?
11. Sit down and, in the quiet of your mind, list all of the blocks that might exist in you that would keep you from receiving gifts of abundance such as a larger income, more love, a trip to your favorite destination, etc. Write each of the blocks on a piece of flash paper (found at a magic store). Touch each paper with a match and watch them disappear one by one. How do you feel?
12. Sit down and, in the quiet of your heart, list all of the people that you love and what you love about each of them. How do you feel? You might even want to invite each of them to write a list of what they love about you.
13. Form a *Ready to Feel Rich Group* of five people. Each person takes action on their choice of five of the above and, after one week, comes back and reports to the group. How do you feel?

There is a story of a couple that, although they could not afford a traditional honeymoon, took the time to recreate their humble abode with special amenities that they might find in a lavish destination. They incorporated small indulgences like scented soaps and soft towels, chocolates on their pillows, along with music and food unique to their wish-they-could destination. What might you do to turn where you are right now into your own special paradise? How would you feel?

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